

General & Cosmetic Dentistry
Your Best Smile

POST-OPERATIVE INSTRUCTIONS *What you should do after oral surgery*

1. Bite on gauze for one hour. If the bleeding continues, bit on fresh, sterile gauze for 15 minutes. Repeat if necessary. A certain amount of bleeding is to be expected following oral surgery.
2. Do not rinse or wash mouth today. Rinse tomorrow every three hours with a solution consisting of salt dissolved in a 6-ounce glass of water.
3. Eat and drink on the opposite side of the mouth for 24 hours.
4. Swelling is not uncommon and need not cause alarm. If swelling should occur, apply an ice bag or towel filled with cracked ice over the affected area on and off every ten minutes.
5. Mild pain may be experienced after the anesthetic wears off. A pain reliever may be taken every four to six hours when necessary.
6. In case of extreme pain, uncontrollable bleeding, or any unusual disturbances, please call the office immediately.

I certify that I have read and fully understand the terms and words within the above consent to the operation and to the explanations referred to or made. I have had an opportunity to ask Dr. Chavis any questions regarding the proposed treatment. I also certify that I read and understand English.

Name of Patient (Please Print) _____ (Patient/Parent/Guardian) Signature _____

Date _____ Doctor _____ Witness _____